

St. John Bosco Catholic Primary School



Anti-Bullying Policy

*Caring for each other as we live, learn
and grow in God's love*

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Anti-Bullying Policy

INTRODUCTION

Who the policy applies to

This policy was developed and is reviewed and monitored through consultation with the whole school community and applies to all members of that community.

Members of our school community are:

- Pupils
- Teachers (both permanent and supply teachers, and specialist teachers e.g. for music, dance and PE)
- Teaching Assistants
- Office Staff
- Lunchtime supervisors
- Kitchen staff
- Site Supervisor
- Cleaners
- Parents/carers
- School Governors
- Volunteers

1. Aims & Objectives

In line with the Equality Act 2010 it is essential that our school eliminates unlawful discrimination, harassment, victimisation and any other conduct prohibited by the Act. At St. John Bosco RC Primary School we are committed to providing a warm, caring and safe environment for all our children so that they can learn and play in a relaxed and secure environment. Bullying of any kind is completely unacceptable and will not be tolerated in our school. We take all incidents of bullying seriously and we want everyone in our school to be happy.

If there is a problem we will ensure that:

- We will actively listen
- Someone will act on the information received

2. What is bullying?

Bullying is behaviour which deliberately makes another person feel uncomfortable, distressed or threatened. It is repeated over time and makes those being bullied feel powerless to defend themselves.

St. John Bosco School works hard to ensure that all pupils know the difference between bullying and simply 'falling out'. It is the right of every child and member of staff to feel safe from verbal, mental and physical abuse on their way to and from school and whilst in school.

Types of bullying include:

- Physical bullying
- Emotional bullying (being unfriendly, excluding, tormenting, threatening behaviour)
- Name calling - verbal bullying - threats
- Cyber (all areas of the internet, e-mail and internet chatroom misuse, mobile threats by text messaging and calls, misuse of technology, e.g. camera and video facilities including those on mobile phones)
- Lying to get people into trouble
- Spreading gossip
- Stealing or hiding belongings
- Racist (racial taunts, graffiti, gestures)
- Sexual (unwanted physical contact, sexually abusive comments)
- Homophobic (because of, or focusing on, the issue of sexuality)
- Sexual orientation (homophobic or biphobic bullying)

What Causes Bullying?

People bully for different reasons such as:

- To feel powerful
- Jealousy
- To feel good about themselves
- To be in control
- Because they want something (attention, possession or friends)
- To look good in front of other people
- To feel popular
- Because of peer pressure
- To be big/clever
- For fun
- Because they are being bullied themselves
- Because they see and pick on an easy target

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We want everyone to:

- Feel safe in the classroom
- Not experience peer pressure
- Not be teased or abused
- Be forgiven for our mistakes
- Be respected for who we are
- Be accepted just as we are

3. **Bullying hurts.**

No-one deserves to be a victim of bullying. Everybody has the right to be treated with respect and pupils who are bullying others need to learn different ways of behaving. At St. John Bosco RC Primary School, we acknowledge that bullying does happen from time to time – it would be unrealistic to claim that it does not. When bullying does occur, everyone should be able to tell and know that incidents will be dealt with promptly and effectively in accordance with our anti-bullying policy.

We are a TELLING school.

This means that anyone who knows that bullying is happening is expected to tell the staff.

If you see bullying:

- Don't laugh or join in
- Tell a teacher
- Speak up for the other children
- Stand by your friends

If you are bullied:

- Tell your teacher and family
- Turn to your friends for support
- Don't blame yourself
- Talk until someone listens

4. **How we handle bullying at school**

When educating our pupils about bullying we will foster a clear understanding that bullying, in any form, is not acceptable. Our children will be taught that bullying hurts and that no one deserves to be bullied. Everybody has the right to be treated with respect and pupils who are bullying need to learn different ways of behaving.

Appendix 1 – KS1 Children

Appendix 2 – KS2 Children

Appendix 3 – Flowchart

Appendix 4 - Types of Cyberbullying

The following steps may be taken by school when dealing with incidents:

- If bullying is suspected or reported, the incident will be dealt with immediately by the member of staff who has been approached.
- A clear and precise account of the incident will be recorded and given to the anti-bullying coordinator.
- The anti-bullying co-ordinator will share this information with the SLT.
- The anti-bullying co-ordinator will interview all concerned and will record the incident
- Teachers and other members of staff involved will be kept informed and if it persists the coordinator will discuss further with the SLT
- Parents will be kept informed
- Disciplinary measures will be used as appropriate and in consultation with all parties concerned
- If necessary and appropriate, external agencies will be consulted.
- Regular meetings with staff will be arranged to review the victims experiences and to look at the improvement/change in behaviour of the child bullying (e.g. every week for a month, a half-term, or a term).

5. **Standing up to bullying behaviour**

This school is committed to stopping bullying behaviour and to do this we need everybody's help. Here are the things that every member of the school community can expect from the school and the things that are expected from each member:

All pupils

All of us find ourselves in vulnerable positions sometimes, e.g. when we start a new school/job/subject, if we are having problems at home, etc. As part of the school community, you have a responsibility to help combat bullying by supporting other pupils when they are vulnerable. Don't gang up against another pupil in a vulnerable position, try to help him/her feel less vulnerable. Don't join in with making fun of them, even if you don't feel able to challenge the bullying behaviour yourself. And don't turn a blind eye to bullying and victimisation. Here's what to do if you know that another pupil is being bullied (this

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could be a friend that you know really well, someone in one of your classes, or someone that you just see around the school and have never even spoken to; and the bullying could be happening at school, or on the way to and from school):

- Let a member of staff know about the bullying.
- Write down the details about the bullying and give it to a member of staff (who is being bullied, how they are being bullied, and when and where the bullying is happening/ happened; if you can, write down who is doing the bullying and also your name).
- Find a quiet moment to speak to a member of staff. Members of staff are: teachers, teaching assistants, office staff and playground supervisors.
- When you let staff know about bullying you can expect what you say to be taken seriously and that action will be taken to stop the bullying behaviour.

Pupils who are being bullied

If you are being bullied, you can expect that:

- You will be listened to and taken seriously.
- Action will be taken to help you to stop the bullying.
- You will be involved in the process of deciding what action to take to help stop the bullying and any worries that you may have will be listened to and respected.
- You will be given the opportunity to talk about the way that the bullying has made you feel and to find strategies to deal with these feelings and to understand and cope with bullying behaviour.

This means:

- Your teacher, head teacher and the member of staff in charge of the anti-bullying policy will be told about your situation so that they can help to support you.
- You will be given the chance to work with them to find strategies to deal with bullying and to talk about any feelings and worries that you may have.
- Your teacher let your parent(s)/carer(s) know what is going on, and to offer them the chance to help support you, too.
- You will have regular meetings with staff (e.g. every week for a month, a half-term, or a term) to make sure that the action taken to stop the bullying is really working and that you are happy with how things are going.

Pupils who are bullying

Bullying behaviour has no place at this school.

If you are involved in bullying, you can expect that:

- Your bullying behaviour will be challenged.
- You will be treated fairly.
- You will be given the opportunity to change your behaviour and encouraged and supported in doing so.

This means:

- You will be expected to work with staff to look at the reasons that you have been bullying and to find and put into practice other ways of behaving.
- Your teacher will let your parent(s)/carer(s) know what is going on, and to offer them the chance to help support you in changing your behaviour.
- You will have regular meetings with staff to review your behaviour (e.g. every week for a month, a half-term, or a term).
- If you don't work at changing your behaviour then staff will have to take more serious action.

Staff

All staff can expect to be properly trained and supported in dealing with bullying.

All staff will be expected to:

- Promote an environment that is constructive and safe for all pupils through their own teaching practice and actions.
- Follow the procedures set out in this policy when they are dealing with bullying.
- Work in co-operation with colleagues, pupils, parents/carers, staff from other organisations in the local community and the school's board of governors to combat bullying.

Parents/carers

All parents and carers can expect to be kept informed of the school's anti-bullying work throughout the school year. Staff will do their best to address any concerns that you may have about bullying; and you will be asked to co-operate with the school in supporting your child and promoting the message that bullying behaviour is not acceptable.

If your child is being bullied, you can expect that:

- You and your child will be listened to and believed.
- Staff will ensure that you are involved in the process of supporting your child in dealing with the bullying.
- Staff will do their best to address any concerns you may have.

If your child is bullying another pupil, you can expect that:

- You and your child will be listened to.
- Your child will be treated fairly.

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- Your child will be expected to change his/her bullying behaviour and supported and encouraged in doing so by staff. If you have any concerns that another child who attends the school (e.g. a friend of your child) may be experiencing bullying, please do not turn a blind eye but mention this to a member of staff.

Governors

School Governors can expect to be kept up-to-date on the progress of the school's anti-bullying work, and to receive an annual report on anti-bullying work.

School Governors will be expected to:

- Give feedback on the monitoring and evaluation of the anti-bullying policy and practices in the school.
- Publicly support the school's anti-bullying message.

6. Guidelines for Parents of Children Being Bullied

Your child has the right to be safe. Your child has the right to expect other people, including yourselves, to help keep him or her safe

If you suspect that your child is being bullied:

- Talk to your child about what is happening.
- Above all else be calm.
- Show sensitivity.
- Show concern.
- Reassure your child that he or she is not to blame.
- Keep a record of what your child tells you. Include details such as names, dates, time and nature of incident. You may wish to record this privately.
- Do not pressurise your child – give them space and time.
- Once you are certain of the concerns, if at all possible, act with your child's agreement.
- Contact someone in school. This would normally mean contacting your child's teacher. Your child's teacher will deal with the concern and inform the Headteacher and/or Deputy Headteacher
- Maintain contact and work with the school.

Some Do's and Don'ts

- Do listen to your child.
- Do take your child's concerns seriously.
- Do encourage your child to tell you what has been happening and to report any trouble that has been encountered.
- Do help your child to try and find a safe solution.
- Do talk to the school.
- Do look for signs of distress shown by your child.
- Don't ignore your child if they say they are worried about certain people.
- Don't tell your child to 'put up with it'. Bullying is not acceptable and action needs to be taken.
- Don't tell your child to fight back.
- Don't rush off and deal with the situation yourself.

7. Vulnerable Groups

Within our school community we have a number of pupils who may be considered more vulnerable to bullying on the basis of their perceived difference from others. These vulnerability factors may include race and ethnicity, emotional vulnerability, EAL and communication needs, disability, learning needs and Looked After Children. As a school, we monitor carefully and ensure that identified children remain safe at all times.

8. Monitoring and Review

This policy is monitored on a day-to-day basis by the Headteacher, who reports to governors about the effectiveness of the policy on request.

This anti-bullying policy is the governors' responsibility and they review its effectiveness annually. They do this through discussion with the Headteacher. Governors analyse information with regard to gender, age and ethnic background of all children involved in bullying incidents.

Signed: _____

Designation: _____

Date: _____

Review Date: November 2024

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APPENDIX 1

Key Stage 1 children.

It is bullying when anybody repeatedly;

- hurts others on purpose-especially hitting or kicking
- says they will hurt other people
- teases others unkindly
- calls people names
- takes other people's things, spoil or throw them away
- says unkind things about others, whether true or not
- prevents others from joining in their work or group activities.

It is not bullying when people;

- hurt others by accident
- doesn't know other people want to join in
- won't let other people have their own way
- asks others to take their turn
- wants others to play by the rules
- borrow or use others things without asking, especially if they do not know they are not for general use.

APPENDIX 2

Key Stage 2 children.

It is bullying when anybody repeatedly;

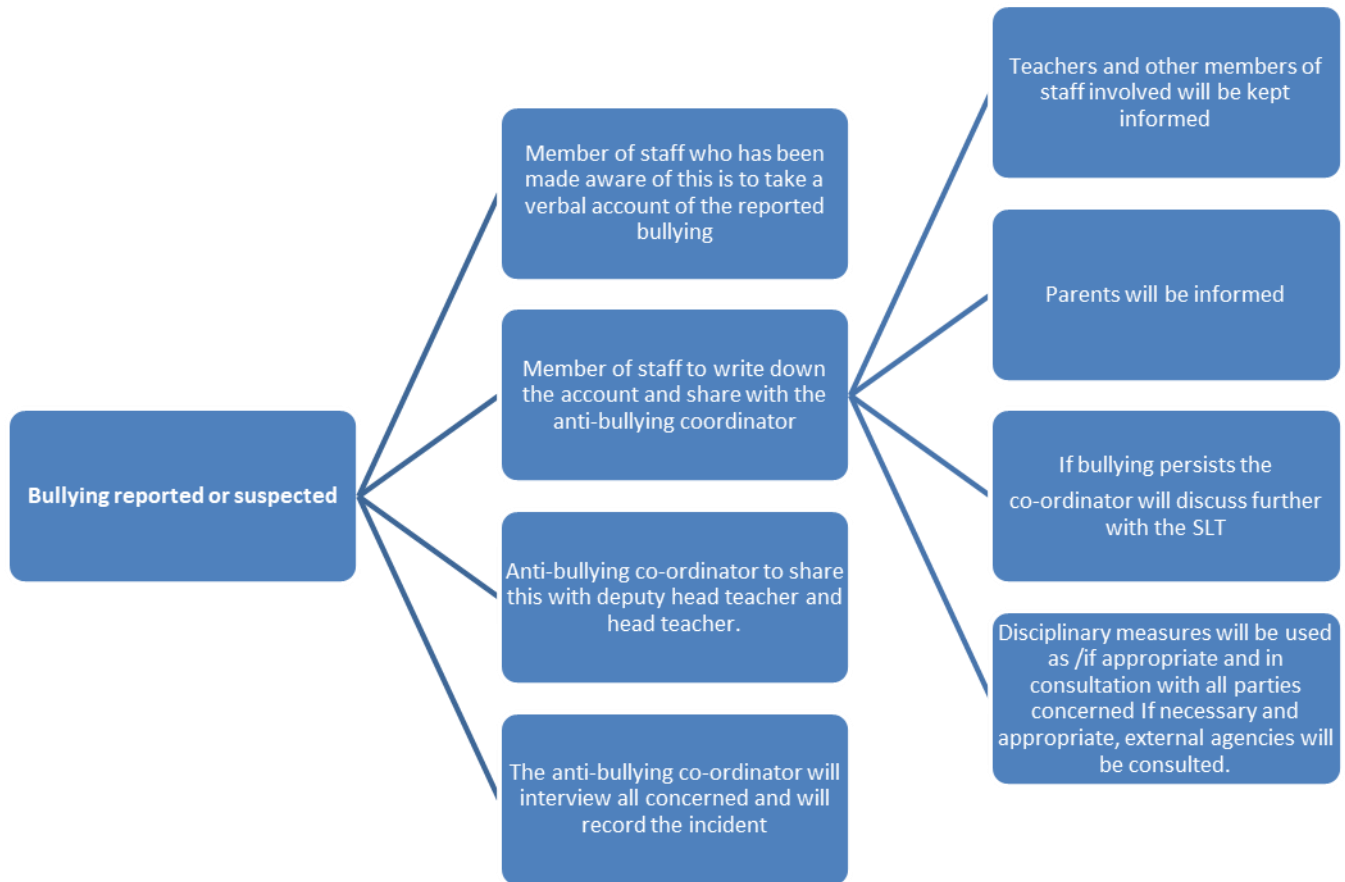
- deliberately hurts others time after time, especially when people are unable to defend themselves
- teases others especially when the person being teased begins to feel unhappy about it
- calls others names, especially when the names are about how people look; e.g. race, colour, appearance, culture, gender, ethnic origin or any form of disability
- threatens they will hurt others
- tries to take people's possessions or money by force
- demands that others give them money or possessions
- forces others to do things they know they should not do
- hurts others physically and repeatedly
- spoils, damages, takes or throws away other people's belongings
- leaves people out of play, groups, or other social activities deliberately
- exaggerates tales or spreads rumours particularly when meaning harm to the person
- acts maliciously towards others, openly or by stealth
- makes offensive remarks, hiss or otherwise show that they are intending to hurt or dominate others.
- Carries out Cyber bullying in its many forms (See appendix 4 for more details)

It is not bullying when people;

- ask if they can join in
- borrow things and forget to return them
- call people by a name they are happy with
- hurt others accidentally
- give good reasons why others cannot be included in a group activity.

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APPENDIX 3 FLOW CHART



APPENDIX 4

Types of cyber bullying

1. *Harassment*

It involves the bully sending offensive and malicious messages to an individual or a group and is often repeated multiple times. Cyberstalking is one form of harassment that involves continual threatening and rude messages, and can lead to physical harassment in the real, offline world.

2. *Flaming*

Flaming is similar to harassment, but it refers to an online fight exchanged via emails, instant messaging or chat rooms. It is a type of public bullying that often directs harsh languages, or images to a specific person.

3. *Exclusion*

Exclusion is the act of intentionally singling out and leaving a person out from an online group such as chats and sites. The group then subsequently leave malicious comments and harass the one they singled out.

4. *Outing*

Outing is when a bully shares personal and private information, pictures, or videos about someone publicly. A person is “outed” when his information has been disseminated throughout the internet.

5. *Masquerading*

Masquerading is a situation where a bully creates a fake identity to harass someone anonymously. In addition to creating a fake identity, the bully can impersonate someone else to send malicious messages to the victim.

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APPENDIX 5

Record of Incidents and Action Taken

Record of Incidents and Action Taken			
Name of Child:		Class:	
Date of First Notification of Bullying:			
Brief Summary of Incident/Concern:			
Date:	Record of Action Taken:	Named Person:	